

ADULT SIBLING SUPPORT GROUP

Extend-A-Family is hosting an **Adult Sibling Group** for people 18 and older who want to get together with other adults who have a sibling with special needs.

Come together to connect, share, explore, support each other, and meet new people!

Where: **location to be determined- please email and RSVP for details**

When: **Thursday evenings- once a month:**

October 27th 2016, November 24th 2016, December 15th 2016, January 26th 2017,

February 23rd 2017, February 23rd 2017, March 30th 2017, April 27th 2017, June 15th 2017

Time: **7-9pm**



Please **RSVP**.

For more information please contact:

Jessica Van Wyk

416 239 7161

jvw@extendafamily.ca

Take care of yourself and each other.