



Adult Sibling Support Group

You are invited to join our gathering at Extend-A-Family of members 18 years and older who have a sibling with a disability.

Our time together is an opportunity to connect, share, explore, support each other and meet new people.

Where: **Extend-A-Family Office (3300 Yonge St suite 200)**

When: **Every third Thursday evening of the month**

Time: **7-9pm**

2019

September 19 – Gathering

October 17 – Gathering

November 21 – ACT Presentation by Lee Steeles

December 19 – Holiday Social

2020

January 16 – Gathering

February 20 – Gathering

March 19 – Gathering

April 16 – Gathering

May 21 – Gathering

June 18 – Social

Please RSVP

For more information please contact:

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